

Is Chiropractic care safe?

The World Health Organization states that when “employed skillfully and appropriately, chiropractic care is safe and effective for the prevention and management of a number of health problems.”

My Approach To Health Care

My philosophy to patient care and treatment is grounded in the current Medical and Chiropractic research literature, which dictates best clinical practice. Keeping at the forefront of Medical and Chiropractic research within the neuro-musculoskeletal field enables me to better inform patients about what treatment options and protocols the research supports to get them better sooner. I also believe in the importance of preventative, proactive health care.

Am I covered for Chiropractic care?

A medical referral is not required to consult a Chiropractor.

Claims for Chiropractic care are covered by WorkCover, TAC and the Department of Veteran’s Affairs.

Private health insurance companies provide rebates for Chiropractic care.

Some people can now have limited access to Chiropractic under the Medicare systems Enhanced Primary Care plan.

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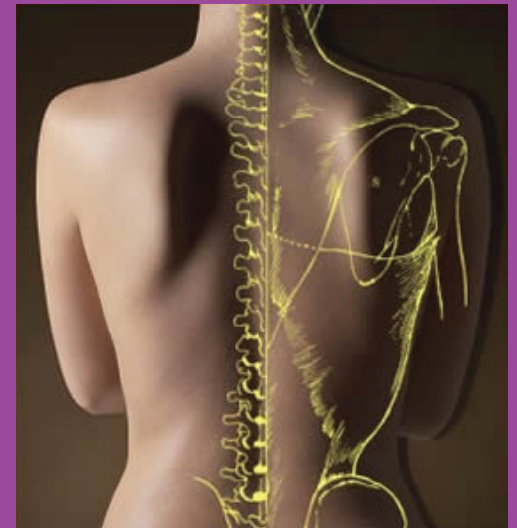
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WHAT IS CHIROPRACTIC + HOW CAN IT HELP?



What is Chiropractic?

Chiropractic (derived from the Greek “cheir” + praktikos”) meaning “done by hand” is defined by the World Health Organisation (WHO) as “a health care profession concerned with the diagnosis, treatment and prevention of disorders of the neuromusculoskeletal system and the effects of these disorders on general health. There is an emphasis on manual techniques including joint adjustment and/or manipulation with a particular focus on spinal joint dysfunction”.



How can Chiropractors help?

Chiropractic and joint manipulation has long been an effective way of relieving common musculoskeletal complaints such as headaches, neck and shoulder pain, lower back and leg pain as well as extremity injuries. With research consistently reflecting how it provides significant reductions in pain and disability levels.

However, did you know the benefits of Chiropractic care extend far wider than to acute and chronic pain relief? Research illustrates the preventative benefits, with those who maintain regular Chiropractic care after an initial period being more likely to maintain the benefits than those who do not continue their care. Through regular Chiropractic check ups, one can sustain those benefits gained, while reducing the likelihood of past problems reoccurring and providing a level of protection against problems arising in the future.

Preventative Chiropractic care also provides people with unquantifiable benefits like improved general health, increased energy and well-being.

What are the qualifications of Chiropractors?

Today’s Chiropractor must complete a 5 year full-time university degree course, which includes anatomy, physiology, pathology, radiology, neurology, diagnostic sciences, physical examination, and Chiropractic technique, followed by fieldwork. Chiropractors are qualified as primary health care professionals. That is, they specialise in the diagnosis and treatment of musculoskeletal and neuromusculoskeletal conditions of the body.

Some of the conditions Chiropractic can be beneficial in treating?

- + Back and neck pain
- + Headaches and migraines
- + Arthritis
- + Shoulder, hip, leg and arm pain
- + Extremity conditions
- + Muscle spasm
- + Sciatica
- + Sporting Injuries
- + Workplace Injuries
- + Stress
- + Dizziness/ vertigo
- + Fibromyalgia